

## CTT Health Plan voted "Right Choice" by DECO Proteste

08-07-2025

The CTT Health Plan was named the "Right Choice" by DECO Proteste, a recognition that reinforces the quality, transparency, and value for money of our offering. This distinction is awarded based on a rigorous and independent analysis, taking into account criteria such as comprehensive coverage, ease of use, and user satisfaction.

In 2022, CTT partnered with Future Healthcare to launch the [CTT Health Plan](#), which provides access to a private medical network with more than 42,600 healthcare providers across the country.

With this plan, customers have access to a vast medical network and a range of assistance services at some of the most prestigious private hospitals nationwide, at prices lower than those charged for private healthcare, with no usage or age limits.

The CTT Health Plan offers numerous benefits and services: a private network with over 42,600 healthcare partners across the country; general and specialty clinic appointments for €35; free dental appointments within the preferred network; a doctor's home visit for just €15; free, scheduled video and teleconsultations at agreed-upon rates; an average savings of 40% on healthcare expenses, including

medical exams, surgeries, births, treatments, and hospitalizations; and benefits from over 4,000 wellness partners, including pharmacies, psychology consultations, and alternative medicine services.

There is also an area reserved for plan customers, which allows: Video consultation scheduling, appointment scheduling requests, information about healthcare providers and access to a virtual card.

The CTT Health Plan has no exclusions, usage limits, or waiting periods. To enjoy all the benefits, customers simply need to present their CTT Health card, either in physical or digital format, at all times at our partners.

The plan has a monthly fee of €5.90 for one beneficiary and can be extended to five more people, at an additional cost of €4.50 per person.

Source: [CTT Portugal Post](#)