

Sending goods via International Registered Mail is no longer permitted.

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CTT - Correios de Portugal informs that, due to an international legislative change defined by the Universal Postal Union (UPU), it has been determined that, from January 1, 2026, it will no longer be possible to send goods by International Registered Mail. The sending of documents by this method remains unchanged.

International Registered Mail will become traceable in all UPU countries, as they make the Track & Trace service available in their territory, and will be exclusively for sending documents.

Mail containing goods can be sent via International Blue Mail, which offers priority handling and traceability in all UPU countries.

Documents are considered to be shipments containing handwritten notes, drawings, printed materials, or information recorded in digital format and without commercial value, such as identification documents, Christmas cards, debit cards, or reports. Goods are

shipments containing tangible and transportable objects, or objects with commercial value, other than money or documents, such as a USB drive with photos for commercial purposes, mobile phones, clothing, or household appliances.

These measures are part of a broader UPU strategy to simplify and modernize its product portfolio, focusing the type of service on the content: documents or goods, and aim to align postal services with the growing needs of e-commerce, which requires specific security and customs controls for goods.

Source: [CTT Portugal Post](#)